

Zika Virus: What you need to know

by [Carolyn Coulam, MD](#)

The Zika Virus has emerged recently as a new international health crisis to pregnant women or those trying to become pregnant. INCIID is

getting calls and questions about Zika and the threat for women of reproductive age who are seeking to get pregnant. Many are worried.

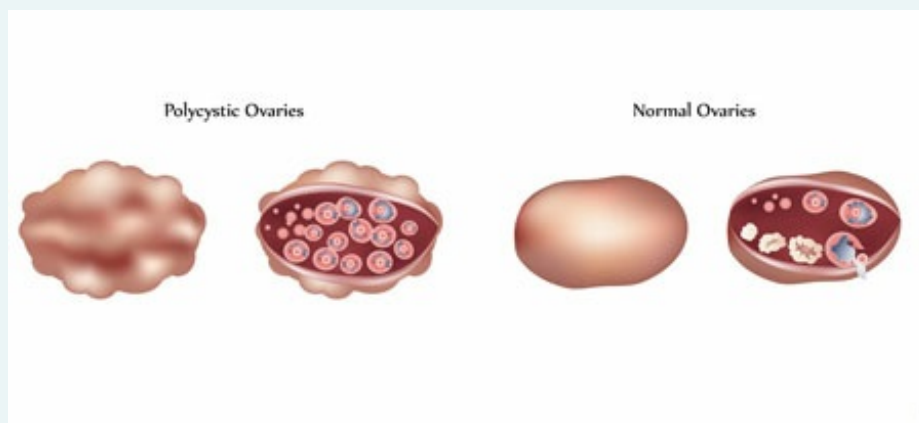


The Zika virus was discovered almost 70 years ago in the Zika Forest in Uganda. There were sporadic outbreaks in Africa and Southeast Asia in 2007, then another in French Polynesia in 2013. In the 2013 outbreak, authorities noted a contemporaneous association of an increase in cases of Guillain-Barre syndrome. Simultaneously, authorities saw a dramatic increase in microcephaly and a rapid spread of Zika virus through the Americas. This February (2016) The World Health Organization (WHO) declared the outbreak an international public health crisis because of the link to microcephaly as well as other neurologic syndromes.

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Polycystic Ovarian Syndrome

by [Susan Conway](#)



References to the PCOS syndrome go back as far as the ancient Egyptian papyri and show up repeatedly in ancient Greek and Hebrew literature as well as the medieval and Renaissance periods. It has such an ancient genetic stamp that it is now thought to predate the emergence of human racial diversity 50,000 years ago.

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ANNOUNCEMENTS

INCIID has moved from Arlington to Burke Virginia.



In discussions with the US Postal Service about our mail, we discovered forwarding mail has been sporadic. If you sent us an IVF application, a donation, a letter or anything after July 1, 2014, please re-send it and **email us** to let us know. We are sorry for the inconvenience our move caused.

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